FALL 1961 50 cents

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Editorial

What Happened to Mary?

This is a true story about a girl we will call Mary. This gal, now 30-some years old, is a quadriplegic with some motion in her arms. Confined to her home with her mother answering her every whim and fancy, Mary decided to take a correspondence course in accounting. She did so well that finally she successfully passed her C.P.A. exams—plenty tough by any standards.

Now she wanted a job; she wanted an even break; she wanted a chance to prove she could do it.

Because of her extreme mental ability, she was offered a job in an accounting firm at \$450 a month.

Through the efforts of ACCENT a great many details were worked out—where to live; how to get to work; someone to help her; and so on.

Mary could not use a restroom by herself and she needed help in eating.

Many arrangements were made. Mary stayed in a new modern nursing home at a special low rate; a taxi took her to and from work on

ACCENT ON LIVING CHARTER

ACCENT On Living is a national magazine dedicated to serving all handicapped people, their families and their friends, regardless of race, religion or creed. ACCENT is an authoritative clearing house for problems confronting handicapped people. ACCENT is edited and published with the firm belief that each person gains invaluable experience and knowledge as the result of a physical handicap. ACCENT believes in the complete dignity and respect of all persons. Furthermore, all person from subscriptions and advertising will be used for furthering rehabilitation facilities and bringing facts, ideas and the benefits of rehabilitation to the readers of this magazine.

ACCENT On Living Editorial Office—802 Reinthaler, Bloomington, Illinois Executive Advisory Committee

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schedule; a practical nurse, from the nursing home, assisted her from 11 till 2 each day.

Everything worked fine. Her employer reported that she was doing an excellent job, which consisted of reviewing and making small notations on reports coming in from small businesses.

Then it happened! After just two weeks, Mary got homesick and decided to go back home. She quit her job—giving up what could have been her once-in-a-lifetime chance of earning her own living—and her own self respect.

What's the moral to this story? It is easy to wish for a great many things—BUT let's be darned sure we think things through—let's be sure we really want our wishes to come true; BECAUSE if we don't, we only make it more difficult for others and we lower the dignity and bring discredit to all persons

with physical limitations.

We have ONE big job to dophysically handicapped persons, if they are capable of doing a job, are no different from anyone else. It's easy for employers to think like this: I tried hiring a person in a wheelchair to do a job. This person didn't do a good job. Therefore, all persons in wheelchairs won't do a good job.

What about Mary's employer? Let's hope he, and many others like him, will have understanding and that tomorrow, or the next day when a person with physical limitations wants a job in that company, he'll say, "Sure, let's give it a try". Puts the car in the palm of your hand

Made BY the handicapped FOR the handicapped

ONLY Drive-Master offers all these features:—Polished stainless steel and aircraft aluminum. Universal steering column clamp. Easily transferred from one car to another. Does not interfere with normal operation.

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ACCENT ON LIVING-Fall, 1961

PRODUCTS

Bloomington, Illinois

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PARALYZED PATIENT AT HOME

Patient's comment: "I was on a Turning Frame and found the CircOlectric much superior. I feel better mentally and physically. My wife is able to do all turning operations and all the things they did in the hospital to care for me, without help from anyone." Herman S. Daring, Van Wert, Ohio.



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- Can be self-operated in standing, sitting, or prone positions.
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- · Increases patient self sufficiency.
- · No lifting to bedpan or wheelchair.
- · Excellent therapeutic value.

Electrically Operated — Economical — Comfortable



SURGICAL AND HOSPITAL EQUIPMENT

Living Lines ...

"Suscribing to ACCENT On Living is something like joining a fraternity. I like being one of a group that has aspirations, hopes, interests and problems similar to mine."

> Mary Jackson Lancaster, California

"Recently, the Salinas Public Health Dept.'s Director, Mrs. Marie Singleton, read a copy of ACCENT On Living and was delightfully amazed with it. She was unaware that such a wonderful publication for the handicapped existed. You can count on her and other offices of her department to suscribe to ACCENT On Living."

David Arias Salinas, California

"Your Summer, 1961 issue has an article on 'Indoor Sports Club', which interested me very much. I had polio in 1940 and am in a wheelchair most of the time. Although I do have a full time job, evenings and week-ends I am more or less at loose ends. Since there is nothing in this area for people like me to do, and I am sure there are many like me, I would like to see if I can get something started. Could you possibly send me information or data on how to get such a club started? I personally would be interested in bowling."

Miss Adalie Granger Lake Charles, Louisiana

Ed. Note: Several new chapters of national handicapped organizations have been started in just this same way.

"Someone gave me a copy of the Summer issue of your publication, which I find very interesting. I am particularly interested in the story about David Tawwater, as he took our Higher Accountancy course and completed it with an A average. Would you object to my writing a story about him and his ac-

complishments for our student publication 'Personal Efficiency' based on the facts given in your story? I am sure our students would find this an interesting and inspiring story."

> Miss Mildred Allen, editor LaSalle Extension University Chicago, Illinois

"There are so many ways it (ACCENT) can help handicapped people. For one thing it tells them names and businesses and how to contact them. Some people would not know how to go about contacting certain manufacturers, etc., if it were not for the help of ACCENT On Living."

M. B. Wear Bridgeport, Alabama

"Since the early days, I have progressed to the point that I now teach full time in the local high school and this summer will be attending Loyola University for graduate work in math under a three year fellowship from the National Science Foundation. The field of education with its shortage of qualified teachers offers many opportunities for those people with physical limitations. Stu



"Come Now, Mr. Floogle--"

dents are not conscious of such limitations, and more and more educators are realizing the great potential in this type of teacher."

> Pat O'Mara Chicago, Illinois

"Due to a severe case of polio, I am unable to get out of a swimming pool unless a couple of fellows grab me under the arms and pull me out of the water. I'm hoping to cooperate with others in building a modest swimming pool here, and am trying to find some sort of device that would pull me out of the water. At this stage the pool could still be designed for mine, and others convenience. Do you by chance know of anything along the lines that I have described, and of course as simple as possible."

Lawrence Schneider, Jr. Santruce, Puerto Rico

Ed. Note: Does anybody have a good idea?

"We think your magazine is just so wonderful and so needful and helpful. Best wishes for continued success in every way."

> Mary C. Murdoch Harrisburg, Penna.

"The University of Pittsburgh and the Home for Crippled Children are currently sponsoring an Institute on Education of Children with Cerebral Palsy and Neuro-Muscular Involvements. We would appreciate having 20 copies of your publication 'ACCENT On Living', for distribution to the members attending."

B. Eleanor MacDonald Pittsburgh, Penna.

"We would like to subscribe to ACCENT On Living for a year. We think this information will be a help to our students."

> Helen Solis, R.N. Instructor, Practical Nurse School Forrest City, Arkansas

"I wonder if the solution to the problem of stairs with regards wheelchair, does not lie within a somewhat different approach. The problem, I think, will be vastly simplified if in addition to modifying the conventional wheelchair, the stairs be altered slightly—a length of channel iron, one for each side, be added to the stairs. These constructed to retract either automatically or manually) to the sides of the stairway when not being used by the wheelchair. In order to climb the steep grade, multiple reduction gears of the type used on bicycles could be used on the chair. The gear system can be modified to accommodate a ratchet type control to limit the direction of movement. Balloon tires with tread, plus a rough inner surface of the channel iron should meet the problem of traction adequately. Bicycle type hand brakes may prove more useful in the descent, in which case a backward descent may be preferable."

T. T. Fresno, California

"Would appreciate your advice, or some article, on "Where can you get wheel-chairs promptly and efficiently repaired"? I'm having the very devil of a time with one of mine, and I'm sure there must be others having the same problem."

Richard T. Gilmartin Montauk, New York

Ed. Note: Who's got the answer?

"For some time I have received 'AC-CENT On Living' and have found it most interesting. I should like to share this with some of my colleagues."

> Harry Kesler, M.D. Director, Spinal Cord Injury Staff Veterans Administration Washington, D.C.

"I was very interested in the letter from Virginia Eady of St. Pete. That has always been my secret philosophy, too. I think that a handicapped woman has as much, or even more, of an obligation to look nice as anyone else. After all, a physical handicap can be ten strikes against a person, and he must prove that he is strong enough to evercome it, and transform it into ten strikes in his favor. A good looking woman, that is neat, well groomed, and attractive, already has half the battle won! Not only are clothes important, but the proper use of make-up can help, too. Any woman can learn to use make-up to her benefit (but it takes practice) and the handicapped woman is no exception. But most important in making anyone attractive is a smile and a kind word."

Cathy Parker Jacksonville, Florida

"We have recently read several articles in your publication ACCENT On Living. We feel that this magazine will be of use to us in our own rehabilitation efforts."

> David L. Crissey, M.S. Rehabilitation Counselor Buffalo Goodwill Industries Buffalo. New York

"I enjoy it very much myself and it is so small that it is easy to carry for reading on public transportation, or while waiting for appointments."

> Mary Sue Sherman Evanston, Illinois

"As a gift from someone, I have been receiving your magazine ACCENT On Living for a few years now and enjoy it very much, especially 'Is Your Life Miserable' and the 'Editorial'. Could you send me information on the National Association of the Physically Handicapped as to those who can join, how to join and the purpose of it?"

Mary Shoup Custer, Michigan

"In looking over ACCENT On Living, it makes me want to know just what all you do carry for the handicapped's use. At the present I am interested in finding an inflated cushion to relieve pressure spots from long hours of sitting. Can you tell me of a company that sells invalid supplies? Our son is a paraplegic.

so I expect to be looking for such things for some time.

Mrs. Roy Meeker Talmadge, Kansas

Ed. Note: We refer you to the good and reputable concerns advertising in ACCENT.

"I have enjoyed ACCENT On Living very much ever since its beginning as Polio Living, but I want you to know that it has become a more stimulating. helpful and vital magazine than I have known. In the last issue a reader wrote to you that in his dream he is always a pre-polio. I have had the same experience always in dreams and would like to think that this is not simply a result of being unrealistic about one's handicaps, but might perhaps be a symbol of thinking of oneself as a 'whole person' in a personality sense as well as being a dreaming habit formed over 29 years (in this case), before polio. (It would be interesting to hear what the psychiatrists have to say). After reading in your last issue, 'Straight Spines With Steel Rods', which will undoubtedly be of help or hope to many, I should like to mention that I have recently undergone a double 'sympath-ectomy' which has been a great success and for the first time in seven years I am without cold, achy, purple legs with almost no circulation. All my heavy wool stockings are put away, and I will no longer dread the discomfort of going out in winter when one's legs freeze up almost as soon as one's brace! It is a major operation requiring an interior incision (horizontal) near one's middle for each leg which is to be relieved of arterial spasm. The surgeon works his way to the lower spine where he cuts the nerves that control the arteries of the leg or legs. Two acquaintances of mine have just had the same operation also with excellent results. Now, none of us are any longer in danger of gangrene as was suggested by a vascular surgeon. A vascular surgeon is the one to consult on the advisability of this operation."

> Mrs. Low Chappaqua, New York

Wheel-Chair Warriors

Illinois team retains National Wheelchair Games Championship



For three days 117 men and women participated in sporting events that, several years ago, would have seemed impossible.

Nearly all events were staged in three classes. Class One, for instance, included paraplegics in the high-lesion category, while Class Three athletes were the least disabled, including those with some trunk and leg movement.

In 1957, through the efforts of Ben Lipton, Director of the Ioseph Bulova School of Watchmaking, the National Wheelchair Games program was inaugurated to call national attention to the fact that paralyzed and handicapped persons were capable of leading near-normal lives-even when it came to active sports. Other basic purposes outlined were for the therapeutic value, a normal and natural outlet for energy and also as a substitute for wheelchair basketball, which requires several years of practice and great physical stamina and exertion. The wheelchair games are much like the Olympics because they combine a variety of sports and individuals receive trophies for placing in the various events.

Participants include paraplegia, polio, accidents, war-time wounds and amoutation.

This year's program was the fifth such

Ready. Aim-Javelin throwers of the Bulova "Watchmakers" team windup for practice tosses while waiting their turns. They are Charles W. Sandlass of Baltimore, Md., and Joseph S. Zametti of Brooklyn. Competition in swimming and track and field events drew a record 117 entries from throughout the country.

Robert Hawkes, New Gloucester, Me., Class I athlete for the Maine Down Easters was second highest individual scorer for the entire meet. He earned second place in archery and a third in shotput. His winning times over the 60 foot pool course (all new records for a new distance) were: breaststroke, 21.4 seconds; free-style 21.9; backstroke 22.2.





affair and was held June 9-11 at Bulova Park in Jackson Heights, Oueens, L.I.

To suffer a deformity, whether it be from birth, war or from crippling disease, deprives a man of his right to compete with those who do not suffer this visible defect. It cuts part of his dignity from beneath him and could well justify a sense of inferiority, which in time could eat away any desire to be seen or any desire to live.

Today that situation is changed. The handicapped person is accepted because he has shown that he can stand up to such rugged sports as wheelchair basketball, softball and swimming. He can compete with the non-disabled in rifle matches, archery, bowling and other sports.

Wheelchair basketball started it -now interest is growing fast in these National Wheelchair Games, the number of events limited only by time, number of officials and the number of participants.

Ron Stein, competing for the Gizz Kids, duplicated his extraordinary performance shown at last

year's Games and at the International Paralympics last fall. In the Class Three category this year, he earned four firsts and he anchored the Illinois winning 400-vard shuttle relay team. Along with his first place wins, he broke three records and tied one. Stein is graduating from the University of Illinois this year and plans to start a drive-in



Right-Handed Winner-Kenneth McHenry (far right), representing the Pennsylvania Rehabilitation Center Wheelers, won first place in the Class 2 60-yard dash. McHenry's time was 13.1 seconds. Al Antoninni (third from left), of Chicago (Illinois Gizz Kids), was second in 13.5; and Harry Stewart (left), of Champaign, Ill. Gizz Kids) was third in 14

Victorious "Gizz Kids"-Physically handicapped students from the University of Illinois student rehabilitation center won the 1961 annual National Wheelchair Games for the second year in a row. Illinois' 16-man delegation garnered 107 points, scoring heavily in swimming, track and field categories.



restaurant in his hometown of some 4,000 population. He contracted polio one week after graduating from high school. Richard Maduro, Florida, earned points in six different events to collect 18 points for high honors in Class Two events. Maduro won the 60-foot backstroke and shotput, took seconds in discus and 60-foot breaststroke and thirds in javelin and 60-foot freestyle.

Four men won two first places in Class One in two events. In Class One, Frank Vecera took firsts in discus and javelin, and Eugene Taylor won the 100-yard dash and table tennis. In Class Two, Kenneth McHenry won the 60-vard dash and table tennis, and Don Kennedy won the 100 and the discus. Otis Griffin broke the record in the Class Two, seventy-yard wheelchair slalom, in which contestants must wheel through a maze of flags and hop up a ramp. The Illinois Gizz Kids scored a total of 107 points. Second in team totals was the Bulova Watchmakers, earning 74½ points. In a tie for third place, with 22 points each, were the Eastern Paralyzed Veterans Association of New York and the Southern Conference Stars of Chattanooga, Tennessee. Down Easters from Maine were fifth, with 20 points; Cleveland Comets placed sixth with 121/2 points and four teams, Canadian Polio Stars of Montreal, Crossroads Rehabilitation Center Whizzes of Indianapolis, Tersey Wheelers of the Newark, New Jersey area, and Pennsyl-

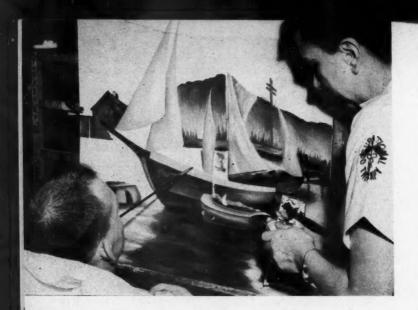
vania Rehabilitation Center Wheelers, tied for seventh, with 12 points each. Following these teams were the South Bend Chair-iots, Indianapolis Goodwill Industry Highlanders, and the Buffalo Boosters.

United States Team Places Third in London

A wheelchair team from the U.S. made its first appearance at the Stoke-Mandeville Games for physically handicapped, held annually at the Rehabilitation Center near London. In these games, held July 26-30, Italy ran up a total of 162 points in all major categories, archery, field events, wheelchair basketball, pentathlon and swimming. Britain had 88 points and the U.S.A. totalled 77. Unlike the National Wheelchair Games held in the United States, the British games do not include track events.



"They were taken to emergency . . ! always knew stoplights should have been installed at this intersection!"



The Creative World of Jimmy

March 20 was a particularly bright day for James V. Wallace, a quadriplegic patient at Hines Veterans Administration Hospital.

That's when a dozen of his paintings, all laboriously done with brush in teeth, were exhibited in a New

York art gallery.

But behind the gay colors of his landscapes and his ships at sea is a long line of other days, all marked with pain and handicap . . . and a determination that almost passes belief.

Such as that May 20, 1945, when Jimmy's spinal cord was injured in

a diving accident at Nuremburg, Germany, paralyzing him from the neck down. He was just 20, not long out of high school at Akron, Ohio.

And the day when one of his arms had to be amputated to relieve constant and intense pain.

But some days have been good, too, like the time he completed his first presentable work of art at Hines Hospital after several years of painful, heart-breaking effort in Physical Medicine Rehabilitation.

And November 30, 1955, when the mail brought a letter from Gettysburg, thanking him for the Jimmy Wallace is shown working on his latest, and largest picture to date. Miss Virginia Niles, Chief, Occupational Therapy Section, is shown putting oil paint on the palette.

painting of the two ducks in flight. The letter was signed Dwight D. Eisenhower.

For quite a while after his arrival at Hines, Jimmy was unable to do anything because of constant pain.

Finally, he began to experiment with brush and pencils held in his mouth. It all started as an occupational therapy project in his program of physical medicine rehabilitation. Simply because Jimmy had always been interested in painting, therapists started him with the tools of an artist.

Wallace

He grasped the pencils and brushes with his teeth and explored a variety of techniques—with colored pencils, charcoal, watercolors and oils. He displayed a surprising talent.

Soon he began going to Occupational Therapy clinics on his Stryker frame, a special type of mobile bed. It is from this frame that he does his painting today lying on his back, the brush be-

Feeding himself for the first time in fifteen years. Another red-letter day for quadriplegic, James V. Wallace. tween his teeth with his work mounted on an over-the-bed table which is adjusted to his needs.

At the present time, he is working on the largest canvas he has yet attempted, well over two feet square. The larger picture poses special problem since a longer brush must be used. A therapist's notes tell the story of his progress:

"Patient remains very cheerful in spite of frequent complications that limit his activities. He attends clinic when able, sometimes twice a day. He is friendly and jovial and has acquired many friends."

One of his most gratifying experiences occured when Earl Eisenhower, brother of the President, saw one of Jimmy's paintings in the manager's office at Hines. He visited the veteran and asked him to paint a picture for the President. Jimmy painted two mallard ducks in flight and proudly sent the painting to President Eisenhower. The



HOYER PATIENT LIFTER



FAST SAFE SIMPLE

Instantly adjustable base passes patient through 24" doors or opens around 34" chair. Smooth, effortless hydraulic lifting and lowering. Widely used for car travel. Rocking bed, bathroom and stretcher units available. Full particulars on request.

TED HOYER & COMPANY, Inc., Dept. L, 2222 Minnesota St., Oshkosh, Wis.

letter of thanks is his most valued possession.

The exhibition in New York, a one-man show, was arranged for Jimmy by Irving Gilmore, leading merchant and philanthropist of Kalamazoo, Michigan. Mr. Gilmore, long interested in art, wrote Jimmy several years ago after reading about him in a newspaper. Their friendship developed and Mr. Gilmore contacted the Charles Brzansky Galleries in New York to arrange for the exhibition March 20 through April 1,

Jimmy's paintings show a definite styling. His landscapes and birds are amazingly lifelike and there is a "feel" of water in his various sea pictures. Usually, Wallace works from a photograph or picture, but he is certainly not a copyist, experts say.

Such is the record of Jimmy Wallace who was just 18 when the Army got him back in 1943.

Faith Said

Martha Bedinger, Ashville, North Carolina, sends us the following. "I'd like to send you my favorite lines of verse, sent to me by a friend traveling through England several years ago."

Faith came singing into my room And other guests took flight. Grief and Anxiety, Fear and Gloom Sped out into the night. I wondered that such peace could be But Faith said gently, "Don't you see That they can never live with me?"

The Bible Says

By Rev. Arthur Gordon



Because of paralytic polio, the author types the original manuscript with a stick which he holds in his mouth.

"I will place salavation in Zion."

—Isaiah 46:13

That's what we need—salvation. "Man is born unto trouble, as the sparks fly upward." He has been a rebel from his first parents in the ancient garden until now. From birth till death he finds it easier to go down than up, easier to sin than to forbear.

Israel played the harlot against her God. She rebelled, set up gods of her own making, persisted in her folly. Finally trouble was poured upon her for her sin, she was scattered among the nations to be a byword of the people.

Yet, God had not forgotten Israel. "Harken unto me, ye stouthearted, that are far from righteousness: I bring near my righteousness it shall not be far off, and my salvation shall not tarry: and I will place salvation in Zion..." Rebellious as she was, God made provision for Israel's salvation.

"And, behold, there was a man in Jerusalem (about 5 B.C.), whose name was Simeon; and the same

man was just and devout, waiting for the consolation of Israel: and the Holy Ghost was upon him. And it was revealed unto him by the Holy Ghost, that he should not see death, before he had seen the Lord's Christ, And he came by the Spirit into the temple: and when the parents brought in the child Jesus, to do for him after the custom of the law, then took he him up in his arms, and blessed God, and said, Lord, now lettest thou thy servant depart in peace, according to thy word: for mine eyes have seen thy salvation."

God brought to pass just what He had promised through Isaiah some 700 years before. Salvation was placed in Zion. Jesus Christ the Lord was this salvation, through whom not only Israel might be saved but Gentiles as well.

Oh, how we needed Him. Sin, like a giant whirlpool, had sucked us nearer and nearer the awful abyss. None were safe, none exempt. All were rushing pell-mell to certain destruction. But then God placed "salvation in Zion," sent His only begotten Son into the world and to the cross to save the world, "that whosoever believeth in him should not perish, but have eternal life."

"Neither is there salvation in any other."

There are three kinds of friends. Those who like you for what you are, those who are indifferent to you, and those who want something that is yours.

Preferential Auto Parking For Handicapped Workers

This is the first of two special articles which will give you information to help you get this type of legislation passed in your city.

More and more it is being recognized that it is good business for industry to encourage legislation permitting preferential automobile parking for handicapped workers.

Several states already have laws giving handicapped persons, on medical certification, the right to obtain special windshield stickers or plates to permit work-hour parking close to their jobs.

Chicago Joins Growing List

On July 25, the Chicago City Council passed special legislation which now permits any disabled person in Chicago to obtain special identification permits.

The credit for getting people interested in getting the campaign under way in Chicago goes to Dr. Rolf H. Ehrmann, Industrial Chemist and Patent Attorney for the Chemetron Corp. in Chicago. Ehrmann is himself a paraplegic.

The Chicago campaign was supported by the National Paraplegia Foundation, American Legion, V.F.W. and many other similar organizations,

In New York

The New York City Police issue special parking permits through the

Traffic Division, which allows the disabled driver to park his car close to the building where he works or has business to attend to. This allows the disabled driver to park in a metered, time-limited parking zone for an unlimited time, or enables him to park in a restricted zone for a limited time.

These arrangements make it possible for handicapped people to reach their place of business without requiring them to cross streets or walk a great distance.

Of course, the privilege of such permits requires careful observation of all traffic laws. For example, in New York, parking in a restricted zone may only be permitted for a limited time. Parking is also not permitted where such parking would create a traffic hazard. Parking is not permitted in a "No Parking Zone" during the rush hour or during other periods when one side of a street has to be kept clear of cars. In these cases it is then a practical matter for the permit holder to simply move his car to another street adjoining the building they are in and a street which is not affected by the rush hour or other temporary restrictions. The permit is restricted personally to the disabled person and cannot be used by other non-disabled members of the family.

Will Illinois Say Yes

A bill is now before the Illinois General Assembly to amend the Illinois Motor Vehicle law to provide for preferential parking for the handicapped in all of Illinois.

Dr. Ehrmann has this to say, "Many persons now depending on state support which comes from taxes on industry and citizens could become self-supporting if they could solve their parking problem. Wheelchair cases and many paraplegics who cannot use public transportation could drive to work if they didn't have to park several blocks away and maneuver themselves with great difficulty through dangerous traffic, or if they didn't

have to pay a high garage or parking fee."

WANTED

Pictures of physically limited persons "at work".

The following information must be included: a brief description of work performed, name and address of employer, either gross annual salary or rate per hour.

Send to:

ACCENT On Living Magazine

Important note.
Persons with physical limitations should receive a fair wage for work performed. See "Notice" on back cover.

If you are not getting paid a fair wage send details including: name of company, description of work performed, wage paid, your name and general description of your disability.

All information will be kept confidential if desired.

SPECIAL NOTICE . . .

TO ALL PHYSICALLY HANDICAPPED PEOPLE

YOU can get a life insurance policy on your life regardless of your physical disability.

Now you can get important and valuable protection for you and your loved ones—and there is no medical examination required. You simply write on the application what your disability is and when acquired—that's all. The application is short and easy to fill out. Don't wait—Tomorrow may be too late. As you grow older your cost increases. Write your name and address on a post card and mail today—your application form will be rushed to you by return mail.

Commerce Insurance Company
548 North Lake Shore Drive, Chicage 11, Illinois



Attention wheelchair athletes in Michigan. Steve Florescu is organizing a team to represent Michigan in the 1962 National Wheelchair Games. He is shown leaving for this year's Games, held in June. Shown with Steve is his coach, Connie Curto, well-known Detroit water ballet and synchronized swimming instructor, who has volunteered to train and coach other handicapped athletes in preparation for next year's Games. If interested you can write to Steve in care of ACCENT.





Cement and chicken wire. That's the medium used by artist Gilbert Sheridan, who said, "After polio in June '56, I turned to art as my vocation and discovered this very unique way to sculpture. With a large amount of faith and determination I have been successful doing many kinds of animals and novelties. I am also studying other branches of art and find it a good way to escape from the uncomforts that confront so many of us. What God has blessed me with I pass on to you other wonderful people."



This new leg and ankle brace has four advantages. (1) All normal motions available at the ankle joint can be retained; (2) the functions of residual musculature acting about the ankle joint may be retained, assisted, or limited, as desired; (3) the balancing actions of the ankle-joint complex are permitted to operate; and (4) the discomfort created by the calf band as it rubs on the skin is eliminated, according to U. of California Medical Center's Dr. V. T. Inman. Three years of research costing \$90,000 was financed by Easter Seal funds. This new device will be available as soon as clinical trials are completed.

\$4,390 a year. That's how much Irene Krawczyk makes as a clerk-typist-telephone operator with the Internal Revenue Service in North Dakota. She said, "My main job is operating a cord-type, one position switchboard. Other duties are: typing correspondence, reports, purchase orders, requisitions, etc., addressing envelopes, maintaining a file on status cards of forms and giving information as to forms available. I own a car and do a lot of driving. My car is equipped with a hand lever-type brake, which is a great aid for handicapped persons who wish to drive."

- 15

ACCENT On Pictures

1961 Southern Amputee Golf Champion, John Ransom, is shown receiving the winner's trophy from Dr. R. L. Bennett, Executive Director of the Georgia Warm Springs Foundation, where this year's tournament was played. Ransom, an Atlanta boy with one leg severed below the knee, shot an 81 on the course, then followed it up with a 76, for 157 total, giving him a seven stroke margin over Wally Baskovich, of Clearwater, Fla., whose two rounds were 86-78—164.



W. O. W. Club. New officers of the Wheeling or Walking Club, Morton, Illinois, are (l. to r.) Ruth Thomeson, secretary; Fred Pauli, treasurer; Wm. Pirtle, president; and Yvonne Harmison, v.p.



(Continued on next page)

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ACCENT On Pictures-Continued

Former WAVE Ruth Bostian picks up a cup of drinking water for the first time since she suffered a broken neck in '49. These braces, made for her at the VA hospital in Richmond, Va., weigh 8 oz. each. This is an example of what is being done at brace shops of VA hospitals nationwide to help disabled veterans to live independently and hold jobs.





North Dakota's Handicapped Citizen of 1960. A. M. Foss, (right) is shown receiving the Citation from Lieutenant Governor Orville Hagen. Foss, who had polio when 18 months old, owns and operates a jewelry business employing five persons. He also is active in farming and has operated nearly all types of farm equipment and does much of the work on his own farm. Paralyzed from the waist down, he moves around on crutches and in a wheelchair.

A story of growth and success. Pictures show the Paraplegics Manufacturing Company as it looked when it opened its doors for business ten years ago, with high hopes and big dreams, and their new factory building in Bensenville, Illinois. President Dwight Guilfoil said, "This modern office and manufacturing facility contains many unusual provisions for achieving maximum comfort for and productivity by the 100 physically handicapped men and women who own and operate the Company. This new plant will allow doubling of our present work force." All persons at PAMCO are paid average or above wages as compared to wage scales and the same jobs in the Chicago area.





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COURAGE in action

JOE JONES, SIGHTLESS FOR 16 YEARS-MAINTAINS AN EFFICIENT. PROFITABLE BROILER OPERATION.

by A. B. Kennerly

Paul Darden is showing his neighbors around Linden, Texas that, no matter what the handicap, any person can become successful if he has a constructive attitude and the patience to stay with his convictions. Darden can speak convincingly, for he is totally blind.

Darden became blind in 1945, and this catastrophe seemingly put an end to his ambitions to go into the poultry business. He spent many years making the adjustment. But always dominating his lonely thoughts was the crushed desire to live and work with poultry. Then, one morning he decided to make the plunge. He visited his county agent, Truitt Powell, who listened sympathetically to Darden's ideas.

Now the Agricultural Extension Service, which operates in all states on a cooperative plan uniting the efforts of the county, state and federal government, is dedicated to the task of helping people to help themselves. County Extension agents do nothing for the person or group that these people can do for them-

Darden offered the county agent a distinct challenge, for what could a blind man do for himself in the poultry business? Never-the-less. Powell accepted the challenge and



agreed that he would go along with the man to the extent that he was willing to help himself.

Today, Powell is enthusiastic about the tremendous progress the poultryman has made, and Darden himself can scarcely realize that he is a full-fledged broiler grower turning out 80,000 pounds of broiler meat a year. This is soon to be doubled as Darden completes the second house.

From the beginning, Powell encouraged Darden to do everything he could for himself. Because the county agent had many contacts who could be helpful to the blind poultryman, he himself made most of the contacts. Otherwise, Darden did most of the other chores including building the poultry house.

Quietly, Powell talked with some of the merchants on the county courthouse square who gave \$300

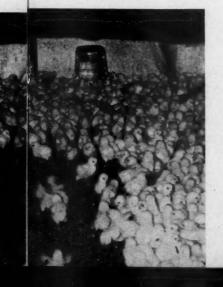


Darden feels for the switch that will turn on the motor that turns the feed auger. He buys feed in bulk, augers it into the cart and distributes it to the hungry chickens. Leter purchases will include automatic feeders which will carry feed to the troughs in the poultry house.

toward expenses. The Rural Electric Administration in the county donated some poles for use in house construction. A sawmill operator donated some lumber. This was to give Darden a start on his longed-for poultry establishment. It was about this time that Powell had a chance to realize with what earnestness Darden was tackling the task.

A neighbor passing the Darden home near midnight heard a faint thumping of the earth. He paused

Oops! Darden discovers he has lost a couple of chicks. Dead chicks are picked up and destroyed, but the poultryman has a very low death loss.



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long enough to stroll down where Darden was working on the building site. Lining up the posts, he was staking them off and digging the post holes.

"Why are you working at night? the neighbor asked. "Why don't you do that in the daytime?"

Darden rested an instant on the post-hole digger. "Oh, I can see just as well at night as in the daytime."

While he was building the sceptic tank, Darden found himself at one of the infrequent occasions when he had to call for outside help. He went over to a neighbor and asked him how to cut a certain angle in the material. The neighbor not only was happy to explain how but told Darden he would go over the next morning and cut the material. By

the time the neighbor could get over there, Darden had cut the material and had it nailed in place.

Meanwhile, Powell was doing some of the things for Darden which he could not do for himself. He was advising on the best construction of the poultry house that would add to profits later on. He helped make arrangements with a feed company to provide feed. chicks and medication when the building was finished. Darden had planned to raise laying hens in cages, but since it was too late that season to start. Powell advised him to raise a house of broilers. He could convert the house to laving cages later.

However, Darden was so keen to make a success of the venture, he led all 20 of the other growers who were financed by the feed dealer. He was able to produce 44 pounds of broilers on 100 pounds of feed, an accomplishment many other broiler growers would like to duplicate. With this encouragement, he decided he would stay with broilers.

The house he built would hold 6,000 broilers, so he talked with Powell about the feasibility of building another house to double the capacity. The poultryman was



"I UNDERSTAND HE'S TO BEAT TO STAND UP

making good progress. He had made arrangements to buy the equipment he needed such as brooders, feeders and waterers; a banker and the equipment dealer going on his note. Darden figures to have these paid off by the fall of 1961.

The FHA is financing the construction of the second house on a Title 1 loan. Darden is making arrangements to buy more equipment, putting in automatic waterers and feeders. These, he figures will be paid for in 1964 if plans go as scheduled. Powell, with the resources of Texas A&M College supporting him, is able to advise the poultryman the best profit-making and debt-paying methods of raising broilers. Darden puts these ideas to work and comes up with good gains on his broilers.

The feed dealer who is sponsoring the broiler grower pays Darden 2 cents per pound for his labor, buildings and equipment. The dealer provides the day-old chicks, feed and medication.

As Darden gained new confidence in his abilities, Powell suggested other activities that would reduce the food bill. He arranged for a heifer calf for Darden to raise for a milk cow. He arranged for some pigs for pork. The home garden supplies fresh vegetables for eating fresh and for freezing.

"I'm going stronger than ever," Darden almost shouts his enthusiasm for his work. "For the first time in many years I can see a wonderful future ahead."

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ADDRESS

Dear Bonnie:



DEAR BONNIE:

I got polio in the U. S. Army in Korea in 1956. Since coming home I have found life as an invalid is very much changed. This is only natural, but why do folks feel (inside themselves) that we are not capable of thinking for ourselves and probably most of them think we do not have the same human desires as they. Some think we do not try to help ourselves and after a few months or years they get "tired" taking care of us helpless invalids. I have hired several young boys to help me during the day and I find so few who are even interested in helping when paid a good weekly income. It is equally hard to find women who are interested. Those who do want a job of this nature are only in it for the money. This seems strange to me, it would seem that helping someone less fortunate would be inspiring as well as rewarding. One naturally wonders what he will do in the next few years should Mother or Dad be unable to help. If no one wants us, what can we do?

WORRIED

DEAR WORRIED:

I have never been able to tell for sure what folks feel "inside themselves" so I just assume they think I am reasonably intelligent. If you help yourself all you are able, who can deny it? We who need physical care are bound to experience some appre-

hension and worry about who will take care of us, but remember no situation, however good or however bad, lasts forever and there are bound to be changes. We must be prepared to accept these changes without undue alarm. Giving in to fear and feelings of insecurity can only dim our chances for worthwhile lives.

DEAR BONNIE:

The girl I want to marry had polio when she was fourteen. What I want to know is, will this effect her ability to have children?

KEN

DEAR KEN:

No.

DEAR BONNIE:

I am not ashamed of my mother at all, because she is a wonderful person, but I'd like to know how I could get her to fix herself up a little better. She has to be in a wheelchair, but isn't bad looking. She has nice blouses but never puts them on. I'd like her to wear make-up and perfume especially when my friends come to the house, instead of looking so drab. I am 15.

LUANN

DEAR LUANN:

I don't see why you don't just ask her to fix up nicely, and then don't forget the nice compliments it inspires. Be as helpful as you can. Maybe she doesn't know you care!

DEAR BONNIE:

I am a 37-year-old widow and I would like to marry again. I have been dating a man whose wife has been in a rest home for 12 years. He says he loves me but that we will just have to wait to get married until she dies. How patient shall I be?

MRS. WEDNOW

DEAR MRS. W.

This man is not eligible to wed

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now, and his wife is not necessarily going to be next on death's list, so why don't you shop elsewhere?

DEAR BONNIE:

I am getting too fat for my wheel chair. Since I can't exercise, I just keep putting on more weight. Do you know of a good

TURBY

DEAR TUBBY:

Yes, eat less.

DEAR BONNIE:

I am handicapped and mostly confined to my home. My problem is, believe it or not, a jealous husband! He thinks that I must be carrying on with the milkman, the mailman and everyone that comes to our home. He was never like that before I had polio. What could be wrong with him?

NOT GUILTY

DEAR NOT GUILTY:

Have you checked your small talk lately? It is possible that you may say things that arouse his suspicions. Just stay in the clear by giving him no reason to be jealous.

DEAR BONNIE:

I have arthritis. A friend of mine gave me a copper bracelet and she says it will do more to cure arthritis than medications and expensive treatments. Could this really be of any possible benefit?

DOUBTFUL

DEAR DOUBTFUL:

Only if you are superstitious.

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Is Your Life Miserable?

by Richard Sprague



MY DIARY

I'm convinced that no Polio should go through his hospital experience without keeping some kind of record about his adventures. It's not only fun to reminisce and chuckle over what occurred, but it can become quite useful if there's ever a need to blackmail anyone.

Most of the experiences you read about in these articles come from my diary entitled, "Perverted Proceedings Of Perturbed Polio". Because my physician intimated that Polio had weakened my mental faculties, I kept this record as proof to refute his statement. As it turned out he was right! For the record, here are excerpts of first stirrings in a hospital.

September 8th, First Day. What a miserable way to treat sick people! A most disrespectful orderly demanded I comply with hospital regulations, by shedding my warm clothes and donning a scrim piece of unbleached muslin, known as a hospital gown. It has the general

appearance of an over sized band aid, but offers considerably less protection. I succumbed to writer's cramp after signing away bits and pieces of my life, in a deluge of insurance forms and house mortgages. I shall write my Congressman if this continues.

September 15th-No reply from Congress yet, I'm still waiting for the results of my fourth spinal tap; it's been over a week since they started extracting samples. The food is sometimes nourishing, but always unappetizing. My menu includes a wide variety of boiled white rice, five kinds of Jello, and three brands of gruel. I finally recovered from an attack by two vampires masquerading as nurses, who sharpened their old razor blades on my ears and toes, causing me to lose a pint-good thing it was only blood.

September 20th—Hurrah, just discovered I have Polio. Now maybe I'll have an even chance of getting better. They're moving me to an isolation ward, because I've contaminated twelve patients and four nurses. Today my own private filtration plant arrived. The bottle was accidentally knocked over when my lines got crossed, and mistakenly plugged into an evaporative cooler. Phew what a smell!

October 1st—Just moved into my new, sanitary cell block. I guess they were serious when they said the bars on my windows meant that I shouldn't refuse their hospitality. Those miserable witch doctors of mine keep sticking me with pins, to see what muscles are left for them to eradicate. I don't feel any better, but two large warts on my hand have disappeared. There are four doctors working on my case now, but nobody gets a drop until I get a weekend pass.

October 11th—I had the most miserable back ache last night, and discovered this morning why a dozen pain pills didn't help me. One of those efficient Nurses Aides forgot to close a safety pin that held my gown together. Nobody has a sense of humor around here! They moved the signal light out of reach of my fingers, after I affectionately called the nurses my call girls. It doesn't matter though, I've learned to press the button with my big toe.

October 15th—Bad news. My release date won't be until the first of the year. Worse yet, my Therapist used to work as a twister in a pretzel factory: my incentive to get well has dwindled. The head nurse promised to return my ten o'clock orange juice if I promised to stop squirting it through my teeth at the cleaning lady. An interesting fellow moved into my room today, who manufactures rope ladders: I think I'll be going home by Thanksgiving.

More News On Insurance Front

In a bulletin from their legal and legislative department, United Cerebral Palsy Headquarters in New York announced a new life insurance plan. Written by the Commerce Insurance Company this plan is a combination of investment savings and life protection specially designed for persons with cerebral palsy. The regular physical examination is waived.

The plan provides for \$1,000 of life insurance with automatic payor death benefits when the applicant is other than the insured and this benefit is automatically applied at no extra cost up to the insured's age 21. Should such applicant become totally or permanently disabled prior to age 60, the Company will pay policy premiums to the insured's age 21.

This plan also provides for endowment and other benefits. Full details are available upon request to the Commerce Insurance Company.

A new company to this field, the Champion Life Insurance Co, is offering cerebral palsy persons a \$1,000 life paid-up at 85 policy on a non-medical basis providing that the only disability is cerebral palsy.

Auto Insurance

Handicapped drivers who have had difficulty finding a company who will accept their business—or who are new insured through the high cost assigned risk plan—should investigate the many new auto policies now on the market. Many companies now have new class plans or merit rating plans and offer promises of future even lower rates based upon your good driving experience.

ACCENT On The News

Bowling anyone? Two devices we've heard of to assist some in bowling are: a bowling chute, which is attached to either side of a wheelchair, making it possible for the bowler to direct the ball; another device consists of two strips of aluminum tubing attached to a bar across the front of the wheelchair. Using this chute one gal became so expert she made a ten-strike several times.

National Employ the Physically Handicapped Week will be celebrated from October 1-7. It is during this week that your help is sought to help focus community attention on the skills and abilities possessed by the handicapped.

Choosing Your Occupation. This 16 page booklet provides guides and a self-inventory to help high school students determine what occupation is right for them. Available from the U. S. Government Printing Office for 15c.

Federal Careers. This directory for college students contains info on the method of filling jobs, student trainee programs, pay scales, promotions, etc., in a Federal public-service career. Lists Federal career occupations, and gives a brief description of each job, showing the nature of work, qualifications required. U.S. Government Printing Office, 60c.

Transplantation of toe joints or joints salvaged from amputated fingers to a patient's hand can restore grasping function, Dr. Martin A. Entin, of Royal Victoria Hospital, Montreal, reports. He has used the procedure to help six patients. Their damaged joints are functioning three years after corrective surgery.

Victor Riesel, newspaper columnist, permanently blind as the result of an acid throwing attack, has been made a Vice-Chairman of the President's Committee on Employment of the Physically Handicapped. He continues his newspaper campaign with the New York Daily Mirror and the Hall Syndicate to expose racketeers preying on legitimate unions, businessmen and the public.

Central Career Service, Duluth, Minnesota, has been charged by the Federal Trade Commission with using false offers of employment and other deception to sell a correspondence course on civil service preparation. There are no vacancies for many of the positions claimed to be open and such openings as may occur usually are not within the student's home locality.

Driver education for handicapped students is a new part of the regular curriculum in the Lansing, Michigan Public School program.

World War II veterans with nonservice-connected illness or injury may be admitted to a VA hospital if a bed is available and if he signs an affidavit that he is unable to pay for hospitalization.

AMPUTEES ATTENTION!

By Mr. & Mrs.

A surgeon interested in rehabilitation stated a year or so that we have an estimated 750,000 amputees in the United States. Judging solely from the statistics on traffic accidents year after year, that could easily be true, and most of them are just ordinary men, women and children. Many of them could be helped by suggestions from those who have travelled the path before.

We believe that we may have enough amputees among our readers to start a series of articles which will be devoted solely to their interests and their problems. For the present it will be edited by a man and wife team who have had many years experience and contact with amputees and their problems. The wife has worn an artificial leg for many years and together they have investigated prosthetic facilities in many sections of the country and kept posted on the revolutionary improvements in the techniques of fitting and alignment.

What would you like to see in this column? Letters with answers to questions? Descriptions of improvements of recent years with illustrations when possible?

Here is a typical letter from a young married woman answered a couple of years ago:

"My right leg was amputated

above the knee a few months ago and I will soon be able to purchase my first artificial limb. One concern visited demands payment in full in advance. Is this common practice and must I pay in full to be fitted?"

Answer: If your credit is good and you can prove that you have the money in hand reserved solely for that purpose, positively not. A reasonable token payment in advance as evidence of good faith is justified. Demand for full payment before you have seen or tried on the leg is excusable only in cases where there is reasonable doubt of being paid. Limb manufacturers have credit problems and so much of their cost is labor and overhead that they do not have the wide margin of profit to absorb losses as do many retail establishments. Incidentally, if you did pay in advance, what guarantee would you get of a satisfactory and comfortable fit?

The limb making industry has an association with a paid secretary and code of ethics to which all members are expected to adhere. Be sure that your interests and your rights are amply covered and protected before you sign the order to pay any money. The clothing

store or the dress shop doesn't ask you to buy a suit or a dress without trying it on and arranging for necessary alterations. An artificial limb is most essentially made to order. You don't borrow your friend's leg if yours has to go to the shop for repairs, do you. Or lend him or her yours if they should ask for it? Of course not. Yours has to be fitted to individual measurements. See that it fits comfortable when you get it and go immediately to your fitter if alterations in the socket are needed to compensate for stump shrinkage or a gain in weight.

We hope that this new column will reach many amputees and that you will write to us with your suggestions, questions and comments. It is only an experiment and its continuation depends entirely upon a manifestation of reader interest.

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Can You Counsel A Friend?

By Louis J. Cantoni and Lucile Cantoni

You want to help a troubled friend. Your first thought, however, may be merely wishful thinking. If only he had more money. a different boss, a sympathetic wife, then everything would be all right. You wish you could wave a magic wand to make things right for your friend. But magical solutions to his problems simply do not exist: real solutions come from understanding underlying causes of his distress.

You need not assume the role of an umpire or of a judge to see your friend's problem clearly. Nor will fine speeches convince anyone that you have an inside track on the understanding and management of people's problems. What you really feel and believe will be communicated most emphatically to your troubled friend in the things you do for him and in the things you help him to do for himself. Therefore, examine your attitudes regarding human disability, whether the disability is physical or mental. Root out your prejudices and fears.

People with serious personal problems lose, in some degree, their sense of personal worth. It is the task of an interested, perceptive friend to help such persons to appreciate again their intrinsic worth. How can you let a friend or relative know that he is loved and esteemed?

First, and foremost, listen to him. Listen and learn his thoughts. Listen and understand his emotions. listen to every word he says, reading carefully the facial expressions that accompany his words. A twitching of the mouth, a quiver in the voice—certainly these are telling signs as they accompany the words and assertions of a troubled person.

Let him know that you care what happens to him, that you are on his side despite all odds. He can count on you—you believe in his dignity. He takes strength from your belief in him until he is strong enough to believe in himself.

If at times he wants to cry on your shoulder, sympathize with him. When he is in doubt, reassure him. When he is in sorrow, share his sorrow and help him bind up his emotional wounds.

You recognize, however, that he has to live his own life. It is futile to tell him how he should think or feel or act. You cannot put restrictions on what he does even for his own good. Instead, you accept him as a person responsible for his own destiny.

Let us say that, on your referral or someone else's, your friend or loved one has begun to see a professional therapist, whether psychiatrist, psychologist, or social worker. Under these circumstances your efforts should complement those of the therapist.

Throughout your relationship with your friend, you should encourage him when he seeks new outlets for his creative interests. Dwell with him on the fortunate aspects of his situation. What he needs above all is a healthy per-

spective. After a while, sensing his wholeness, his independence, he will want to establish satisfying relationships with many individuals in his community.

Finally, you may discover that he would like to understand you just as you understand him. Let him help you. There will emerge, then, two people, serene of mind, sharing thoughts and feelings, hopes and plans—surely this is the high point of human living.

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